

DECEMBER 2018 ELEMENTARY GRAB & GO BREAKFAST

WWW.CPS.EDU/MENU

ALL STUDENTS EAT FREE!

MONDAY **TUESDAY** WEDNESDAY THURSDAY FRIDAY 4 5 6 3 WARM MINI MAPLE MINI FRENCH TOAST PANCAKE ON CINNAMON STICKS & SYRUP WAFFLES EGG & CHEESE A STICK CREAMY CHEESE BAGEL **BAGELS** OATMEAL STRAWBERRY KIWI FRENCH TOAST MANGO BANANA PB & JELLY RAISIN BAR BAR **GRAHAM** BAR CRACKER BAR FROSTED MINI CINNAMON CINNAMON **GOLDEN CRISP** WHEATS VANILLA & STRING **GRANOLA &** CEREAL & DRIED CRANBERRIES CHEESE STRING CHEESE STRING CHEESE APPLE JUICE FRESH APPLE FRESH BANANA DICED PEARS FRESH APPLE SLICES DRIED CRANBERRIES FRESH BANANA FRESH APPLE FRESH PEAR 12 10011100 13 10 PANCAKE EGG & CHEESE WARM MINI FRENCH TOAST ON A STICK **ENGLISH MUFFIN** STRAWBERRY STICKS & SYRUP STRAWBERRY CREAMY CHEESE PANCAKES **BAGELS** OATMEAL PB & JELLY STRAWBERRY KIWI BAR RAISIN BAR GRAHAM FROSTED MINI IEW! CRACKER BAR WHEATS FRENCH TOAST CINNAMON & STRING VANILLA CHEESE CINNAMON CHEERIOS & **GRANOLA &** GOLDEN CRISP STRING CHEESE STRING CHEESE CEREAL & **BLENDED FRUIT JUICE** STRING CHEESE DRIED CRANBERRIES FRESH BANANA FRESH APPLE SLICES DRIED CRANBERRIES DICED PEARS FRESH APPLE FRESH PEAR FRESH APPLE FRESH BANANA

Good Morning! Let's Grab Breakfast.

Breakfast is available for every student, even after the final morning bell rings.

We proudly serve chicken raised with No Antibiotics Ever! SunButter will be substituted in buildings with peanut-

free menus.

All Meals Are **FREE** Every Day!

We offer a rotation of vitamin and mineral-rich seasonal fresh & cupped fruits.

Vegetarian entrees are offered daily.

We only use heart-healthy whole grain breads.

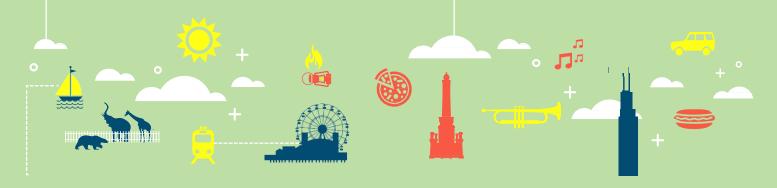
Our milk varieties include 1% low fat and fat-free flavored and unflavored options.

This institution is an equal opportunity provider.









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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
PANCAKE ON A STICK FRENCH TOAST BAR DRIED CRANBERRIES FRESH APPLE	FRENCH TOAST STICKS & SYRUP OATMEAL RAISIN BAR CINNAMON GOLDEN CRISP CEREAL & STRING CHEESE DICED PEARS FRESH BANANA	WARM MINI CINNAMON CREAMY CHEESE BAGELS MANGO BANANA BAR FROSTED MINI WHEATS & STRING CHEESE FRESH APPLE SLICES FRESH PEAR	MAPLE MINI WAFFLES STRAWBERRY KIWI BAR CINNAMON VANILLA GRANOLA & STRING CHEESE DRIED CRANBERRIES FRESH APPLE	EGG & CHEESE BAGEL PB & JELLY GRAHAM CRACKER BAR APPLE JUICE FRESH ORANGE

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Our milk varieties include 1% low fat and fat-free flavored and unflavored options.

Our menus are pork-free! All menus are subject to change. Not all offerings may be available in all buildings.

Questions? Contact us at food@cps.edu